

Making a Difference is in the Bag

Dear PSC Congregants and Guests,

Shanah Tovah!

During this period of introspection, please consider helping another person or family by filling this reusable shopping bag with non-perishable food items, in an amount that is at least equal to what you and/or your family will not eat during our Fast on Yom Kippur. Bring the filled bag to Peninsula Sinai between now and the beginning of Kol Nidre services on October 3rd. You can place the food items in the barrels on the patio and keep the bag for your everyday shopping needs. **Fill a Bag; Make a Difference.** All food collected will go directly to the Second Harvest Food Bank of San Mateo and Santa Clara Counties.

Suggested Non-Perishable Food Items – No glass containers please

Tuna

Canned Fruits and Vegetables

Peanut Butter

Chili

Hearty Soup

Stew

Low Sugar Cereals

100% Fruit Juices

If you would prefer to make a financial donation online, please go to <http://peninsulasinai.org/index.php/community/social-action> , OR from the www.peninsulasinai.org, go to the “Community” tab, then “Social Action”. There, you can choose to donate directly to our PSC Tikkun Olam Fund or the Second Harvest Food Bank . The money donated to the Tikkun Olam fund will help support activities such as our work with InnVision Shelter Network and our Snack Sack program. Thank you.

Wishing you and your families

Gemar Chatimah Tovah

Your Peninsula Sinai Tikkun Olam Committee

PLEASE SEE THE REVERSE SIDE OF THIS FORM FOR MORE INFORMATION ABOUT WHAT THE TIKKUN OLAM COMMITTEE DOES AND HOW YOU CAN GET INVOLVED.

Would you like to get involved Tikkun Olam / Social Action activities at Peninsula Sinai Congregation?

If so, now is a great opportunity. Please review and complete this sign-up sheet to tell us how you might want to help out. Bring or mail it back to PSC, attention Tikkun Olam committee -- perhaps with your food bag before Yom Kippur. You can also sign up online at the social action tab on the PSC website, or email your interest to tikkunolam@peninsulasinai.org.

Name(s) _____ Email _____ Preferred Phone _____

Check the box beside the activities which might be of interest to you.

- InnVision/Shelter Network (IVSN).** [Innvision/Shelter Network \(IVSN\)](#) PSC volunteers prepare and serve Sunday dinner to about 40 homeless families who get emergency/transitional housing through IVSN – and engage with these families in other ways. This currently occurs every other month.
- Second Harvest Food Bank.** PSC works with [Second Harvest Food Bank](#) to provide food for people who are hungry on the Peninsula. Beyond the High Holiday food drive, we place food barrels around PSC year-round to collect non-perishable food! Also, religious school students assemble healthy "snack sacks," which are then given through Second Harvest to organizations that support children in need. (Please donate food or money!)
- Home and Hope.** PSC volunteers with [Home and Hope](#) by help one evening every few months by feeding and talking to homeless families who stay for a week at a time at various Peninsula "host" churches and synagogues.
- Blood Drives.** PSC holds three successful Sunday morning blood drives each year. Please donate!
- Peninsula Multifaith Coalition.** PSC is part of the [Peninsula Multifaith Coalition](#), a group of faith congregations and organizations working together on community improvement projects. Help organize or participate in activities like the MLK Jr. Holiday Multifaith Day of Service, a Freedom Seder, a Labor Day gathering and others.
- Shalom Bayit.** PS Women helps with [Shalom Bayit's](#) Adopt-A-Family program around Chanukah, to provide basic necessities, food, and Chanukah gifts to battered women and their children.
- Tu B'Shevat Tree Planting.** PSC organizes an annual tree planting or habitat restoration activities around Tu B'Shevat each January, often at Coyote Point.
- Mitzvah Day.** PSC's long-running annual community service day, when several volunteer opportunities are organized on the same day.
- Policy work.** Several committee members are looking at ways for PSC to participate in efforts to change state and local policies to improve our community.
- Tikkun Olam committee.** Participate on this committee of PSC members who organize Tikkun Olam activities.
- Let me know when you need volunteers for any project and I'll try to help out.**
- Other (describe)** _____

